

# What I've Learned

by: Judy Jones

males tend to set me down. I throw them.

strength may not be an advantage.

distance helps.

you should look at everyone you pass.

unbalancing is simple ... and complex.

yelling is good.

all bodies are a challenge.

timing can be almost everything.

there are many types of weapons.

power has many forms.

ki is amazing.

“what if” is a good question.

“could” and “should” are vastly different.

giving up is not an option.

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